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Medical Practice Question

EDITOR'S NOTE: From time to time medical practice questions from organizations with a legitimate interest in the information are referred to the Scientific Board by the Quality Care Review Commission of the California Medical Association. The opinions offered are based on training, experience and literature reviewed by specialists. These opinions are, however, informational only and should not be interpreted as directives, instructions or policy statements.

Treatment of Rheumatoid Arthritis With Sex Hormones

QUESTION:

Is it considered accepted medical practice to treat rheumatoid arthritis by injecting a patient with sex hormones?

OPINION:

In the opinion of the Scientific Advisory Panel on Internal Medicine, the injection of sex hormones to treat rheumatoid arthritis is not considered accepted medical practice. No scientific data have been published to prove that this treatment is of any benefit.